

THE 5 ESSENTIALS OF FATHER READINESS

1. A Vision of good fathering

- *What are the positive qualities of a father that you want to embody as an adult?*
- *What are the negative qualities of a father that you don't want to embody as an adult?*
- *Who are the role models or heroes in your life?*

2. A Willingness to put others first

3. Relationship Skills

4. Plans for providing

5. A Reliable support network