

The Parents Vision Statement

Imagine 20 years from now your children are asked to be in a documentary film about their parents (you!). Now, imagine the filmmaker asks them to describe what kind of father* or mother* you were, what it was like growing up with you. With this scenario in mind, please respond to the questions below.

Step 1: Take a few minutes to respond to all of the questions in writing alone.

Step 2: Get together with your spouse, partner, or co-parent and share your responses.

- 1) Twenty years from now, what are some things you hope your child says about you as a father or mother?
- 2) What are some things you hope they don't say about you as a father or mother?
- 3) What are your current priorities as a father or mother?
- 4) Is there anything you could do more of, less of or change altogether to be a better father or mother?

- 1) Twenty years from now, what are some things you hope your child says about you as a husband, wife, or co-parent?
- 2) What are some things you hope they don't say about you as a husband, wife, or co-parent?
- 3) What are your current priorities as a husband, wife, or co-parent?
- 4) Is there anything you could do more of, less of or change altogether to be a better husband, wife, or co-parent?